



Contraindications

- Pregnancy, Breastfeeding

Warnings and Precautions:

Clients with these conditions should consult with their Primary Care Physician before starting any new medications and discontinue use if conditions worsen.

- Personal or family history of certain types of thyroid cancer - specifically thyroid C-cell tumors such as medullary thyroid carcinoma (MTC)
- Patients with multiple endocrine neoplasia syndrome type 2 (MEN 2)
- History of angioedema
- Type 1 Diabetes
- Hypoglycemia (Low blood sugar)
- Pancreatitis
- Gallbladder disease
- Diabetic retinopathy
- Renal failure, renal impairment
- Acute kidney Injury
- Depression, Schizophrenia, suicidal ideation
- Geriatric (over the age of 65 especially at risk for hypoglycemic episodes)

Most Common Side Effects from GLP-1/BPC157

- Diarrhea
- Nausea
- Vomiting
- Constipation
- Abdominal pain
- Headache
- Fatigue
- Dizziness
- Gastroenteritis

You are most likely to experience side effects with higher doses of GLP-1/BPC157.

For most side effects subside over time typically within 4 to 6 weeks as your body gets used to the medication.

Nausea tends to be more common when taking higher doses.

Eating smaller meals, avoiding high fat foods, and remaining up right after eating helps manage potential nausea and vomiting.

Fatigue is common as you eat less. Fatigue should subside as your body adjusts to changes in your diet.

Please let us know immediately if you have any of the following symptoms:

- Severe abdominal pain
- Fever
- Jaundice
- Clay colored stools
- Severe abdominal pain, vomiting or diarrhea leading to dehydration

Call 911 if you have allergic reactions like swelling of the face, tongue or throat or shortness of breath after your dose.