



Post Treatment Instructions For Venus Viva

- Redness and warmth emanating from the area for the first 48 hours will occur and may feel similar to a sunburn. Most side effects are mild or moderate in nature and their duration is short (3 days or less). The most common side effects are redness, swelling, stamp marks, tenderness, firmness, peeling, and mild sensitivity to touch on the area being treated.
- For the first 24 hours you should AVOID the following:
 - Applying ice or cooling compresses to the treated area.
 - Moisturizers or creams that are not recommended for post-treatment use.
 - Make-up
 - Exposure to the sun.
 - Saunas, Jacuzzis, and swimming pools.
 - Retin-A or Glycolic products.
- If you have previously suffered from cold sores, there is a risk that the needle punctures could contribute to another occurrence.
- After the first 48 hours the following recommended post-treatment creams may be used Aquaphor, Avène Restorative Cream, or Eucerin.
- Avoid sleeping, laying or putting pressure on the injection site for a few days after treatment.
- You may wish to avoid taking aspirin, non-steroidal anti-inflammatory medications, fish oil, St. John's Wort, and high doses of Vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site. You should consult with your primary care doctor regarding the discontinued use of the aforementioned medications.
- As with all skin injection procedures there is a risk of infection.
- Contact the office immediately if you have any unusual symptoms, such as increasing pain, or the swelling and redness that does not subside within 3-4 days.

De Luz Medical Aesthetics
31843 Rancho California Road, Suite 200
Temecula, CA 92591
951-694-3600