



Post Treatment Instructions For Spider Vein Removal

- The heat from the laser pulses may be slightly uncomfortable during and immediately following treatment. Cold gel packs/ice can be applied to reduce discomfort.
- Tylenol is recommended for any pain, as needed.
- AVOID THE SUN completely after treatment to reduce the chance of hyperpigmentation. Use sunblock (SPF 30+) at all times and throughout the course of treatment.
- The application of a topical antibiotic ointment may be used if blistering occurs.
- Wait 8 weeks to see if the treatment was effective. Your provider will evaluate treatment response or side effects at the follow up visit and determine when your next treatment should be scheduled.

Legs:

- You may also apply ice at home and elevate your legs to decrease discomfort, especially when large areas are treated.
- Avoid strenuous exercise for 48 hours after treatment.
- Your leg veins may appear bruised or darker red following treatment. This discoloration will fade over the next few weeks. Brown discoloration may take several months to fade.
- Call the office immediately if you experience increased pain, redness, swelling or blistering.

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