



Post Treatment Instructions  
For Botox®

Note: These measures may help to minimize the possibility of droop eye.

- Avoid lying down for 4 hours following your treatment
- Avoid inverted body position such as Yoga for 4 hours following treatment
- Avoid strenuous exercising for 4 hours after treatment
- DO NOT massage the injected area. Avoid manipulation of the area after procedure.
- Apply makeup and skin care products as desired but avoid glycolic or Retinoic acid products for one day.

You may experience some of the following:

- Occasional mild temporary redness at the injection site
- Occasional mild temporary swelling
- Occasional mild headache
- Mild bruising
- Rare droopy eyelid. This is more common in treatments involving the forehead.

Treatment may take 3-10 days to take effect. The benefit may last between 3-4months.

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