



Post Treatment Instructions
For Venus Bliss

- There will be redness and warmth emanating from the area for the first 2 hours.
- Post redness is mild and you may return to regular activities immediately. Do not apply ice or cooling compresses, this will impede the inflammatory response desired.
- Moisturizer may be applied immediately after each treatment and regularly throughout the course of your treatments.
- To enhance the results of the treatments, it is recommended to maintain a healthy and active lifestyle. Gaining weight during the treatments could compromise the end results.
- One week after your Bliss treatment, you should schedule an appointment for a Venus Bliss Radio Frequency treatment to assist with tightening and rejuvenating the skin in the treatment area.
- If you experience severe or excessive pain, contact the office immediately.

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