



## Post Treatment Instructions For Laser Hair Removal

- After treatment there should be redness and swelling of each hair follicle in the treatment site which may last up to two 2 hours or longer. The redness could last up to 2-3 days. The treated area will feel similar to sunburn for a few hours after treatment.
- A topical soothing skin care product such as aloe vera gel may be applied following treatment, if desired.
- Makeup may be used immediately after the treatment as long as the skin is not irritated.
- Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation) and use a sunblock (SPF 30+) at all times throughout the course of treatment.
- Avoid picking or scratching the treated skin. Do not use any other hair removal treatment products or similar treatments (waxing, electrolysis, thread, or tweezing) that will disturb the hair follicle in the treatment area for 4-6 weeks after the laser treatment is performed. Shaving may be used.
- 5-14 days after the treatment, shedding of the treated hair may occur and will appear as new hair growth. This is NOT new hair growth. You can clean and remove the hair by washing or wiping the area with a wet cloth.
- After the underarms is treated, you may wish to use a powder instead of a deodorant for 24 hours after the treatment to reduce skin irritation.
- There are no restrictions on bathing except to treat the skin gently, as if you had a sunburn, for the first 24 hours.
- At the first sign of the return of hair growth, call the office for an appointment. This may occur within 4-6 weeks for the upper body and as long as 2-3 months for the lower body. Hair regrowth occurs at different rates on different areas of the body. New hair growth will not occur for at least three (3) weeks after treatment.

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